

## Dr. N Rowan Richards

DOCTOR OF CHIROPRACTIC

Dr. N. Rowan Richards, DC, DABCI, FIACA, FICC, is a Fellow in the International College of Chiropractors. An invitation to Fellowship is issued only after a vigorous investigation of a doctor who has been nominated for the honor, and only one such invitation is offered.

Dr. Richards was elected to The Distinguished Chiropractors of America. Only 100 doctors per year, from each state are offered this honor.

Dr. Richards is a Board Certified Diplomate of the American Board of Chiropractic Internists and a Fellow of the International Academy of Clinical Acupuncture.

She teaches Bennett reflex work (Neurovascular Dynamics) to other doctors nationally.

Dr. Richards is a nationally recognized teacher offering courses in advanced nutrition to both doctors and the public.

*My motivation for seeking treatment was headaches. I never went anywhere without pain medication for fear of having a debilitating episode of pain. That is a dim memory now. Not only that, but I am far healthier than ever before.*

K.D., Sacramento CA



clinic informational website  
[RichardsFamilyHealth.com](http://RichardsFamilyHealth.com)

blog  
[DrRichardsTalksBack.com](http://DrRichardsTalksBack.com)

specialized sites  
[TheHealthyHeartSolution.com](http://TheHealthyHeartSolution.com)  
[HealthyMenopauseSolutions.com](http://HealthyMenopauseSolutions.com)  
[HealthyAntiAgingSolutions.com](http://HealthyAntiAgingSolutions.com)

educational site for doctors  
[NRowanRichards.com](http://NRowanRichards.com)

free patient newsletter sign-up  
[Also, to see what our patients say,  
see Rave Reviews]  
[richardsfamilyhealth.com](http://richardsfamilyhealth.com)



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# Vibrant Health NATURALLY

## Richards Family Health Center

Committed to providing  
excellence in healthcare  
with uncompromising integrity;  
making a positive contribution  
to the life of every individual  
who comes to us for care.

Since 1987

## INDIVIDUALIZED, caring health services

Healthcare based upon who you are.

- You are not a statistic – you are a unique individual. At our clinic, we treat you with respect.
- 85% of all medical diagnosis is based upon what you tell your doctor about yourself. Dr. Richards listens.
- Your first appointment allows Dr. Richards to review your complete medical history and offer you a treatment plan that addresses your unique challenges. You can then make an informed and knowledgeable choice.

## PERSONALIZED treatment protocol

- Dr. Richards will design a personalized treatment protocol based upon your history and examination results.
- Options include: nutritional supplements & herbs, chiropractic adjusting, cranial manipulation, energy balancing via your meridian system, and other more specialized treatments.
- Nutritional programs are based upon results of specialized laboratory tests, including: blood chemistry analysis, stool analysis, hormone panels, allergy testing, EKGs and phonocardiogram results (among others).

## Do you fit our PATIENT PROFILE?

If you fall into any of the following categories, we can help you:

- 1 If you are healthy and want to learn how to stay that way.
- 2 If you have a family history of serious disease and want to learn what you can do *now* to avoid it.
- 3 If you have a chronic health problem, and want to learn to live a full life – not a life full of disease.
- 4 If your condition is acute, and you want a diagnosis and treatment plan to restore your health.

## ADVANTAGES to our approach

- Provides a viable, science-based, option to conventional, drug-based medical care.
- Helps you to heal – not just take dangerous drugs for the rest of your life.
- Dr. Richards has gathered together a natural pharmacy from a variety of sources – pharmaceutical grade products with proven clinical results.
- Gives you the freedom to choose health-restoring treatment options. You are not restricted by the insurance company model of “approved” treatments.
- You have an opportunity to actually improve your health – not just react to health problems – allowing you to live a long and vibrant life.

## How we are UNIQUE

- Whole body approach – structural, biochemical, environmental and energetic.
- One visit is equivalent to seeing 4 or 5 “specialists” – allowing Dr. Richards to integrate your health care.
- We maintain independence from the insurance networks and HMOs where low-level clerical staff make medical decisions for you. At our clinic, you will collaborate with Dr. Richards to make these decisions.
- Dr. Richards has spent 20+ years researching normal physiology and herbal medicine. Normal physiology = a healthy body.
- Medical doctors do not learn normal physiology. They only have time to study disease and symptom suppression. So, the medical “health care” model is really a “disease and trauma” model. This is good for a broken leg, but the tools available to the medical profession do *not* provide what most of us are looking for – Vibrant Health.

**Call our clinic today to get  
started on the road to health.**